

# ESPERANCE LUVINDAO

OSAAT Africa Health Foundation

2024 Global Fellow



## BIG BOLD IDEA

Increase access to quality sexual and reproductive health education for African women by creating animations in native languages and digitizing access to prescribed medication in semi rural areas.

## ORGANIZATION OVERVIEW

OSAAT Africa Health Foundation was founded in 2019 with the vision that all Africans, irrespective of socioeconomic status, can access quality sexual and reproductive health services. OSAAT Africa aims to reduce teen pregnancy and improve quality of life for women in rural and semi-rural areas. OSAAT Africa provides quality sexual and reproductive health education to women in their native languages, as well as hormone-free long-term contraceptives via copper intrauterine contraceptive device clinics. OSAAT Africa digitizes access to prescribed medication through a digital health innovation called MENGA. MENGA allows patients to communicate with their doctor via text message and access prescribed medication using biometrics, reducing both out-of-pocket costs from traveling to hospitals, as well as the burden on local hospitals.

## PERSONAL BIO

Dr. Esperance Luvindao is the founder and country director of OSAAT Africa Health Foundation, which focuses on achieving quality sexual and reproductive health for African women. While practicing medicine in northern Namibia, she served patients from informal settlements and rural areas and soon discovered her love for public health and digital health. Dr. Luvindao is a Forbes 30 Under 30 2022 recipient and an emergency doctor. Her awards include being named as one of the Top 50 Namibian Philanthropists and one of the Top 50 African Trailblazers. In 2023, she was named to the Global South Arts and Health Envoy. She has a bachelor of medicine and surgery from the University of Namibia School of Medicine, a master of business administration in healthcare management from the Management College of Southern Africa, a postgraduate diploma in public health from the University of Pretoria, and a postgraduate certificate in digital health from Harvard Business School Online.

### Organization/Fellow Location

Windhoek, Namibia

### Impact Location

Namibia

### Organization Structure

Nonprofit

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